# ADVANCE DIRECTIVE for Health Care Decisions

I, \_\_\_\_\_ [*insert name*] am an adult resident of \_\_\_\_\_ County, Indiana. I currently have the capacity to make my own decisions about my health care. Under Indiana Code 16-36-7, I am signing this Advance Directive in order to (a) appoint one or more Health Care Representatives who are named below <u>and</u> (b) give written instructions and state my wishes and preferences about life prolonging procedures and other treatment, if I later become terminally ill or suffer from a chronic or incurable condition and if I am unable to personally give my own instructions and make my own health care decisions.

If this Advance Directive does not specifically address a specific issue, then I intend that the rules and principles in I.C. 16-36-7 will apply and control, but in a manner consistent with my known wishes and preferences. If this Advance Directive is silent on an issue and if my wishes and preferences cannot be reliably determined, I intend that my Health Care Representative and health care providers act in a manner consistent with my best interests.

## **Effective Immediately**

This Advance Directive and my Health Care Representative(s)' power and authority under it are effective immediately and will remain in effect even if I later become incapacitated, disabled, or incompetent.

#### My Health Care Representative(s)

I appoint the following person(s) as my Health Care Representative(s), with full authority to make and communicate health care decisions and give informed consent on my behalf, but subject to the conditions stated in the next section ("My Continuing Right to Act and Decide Personally") below:

| Priority | Name of Representative  | Mailing Address and     |
|----------|-------------------------|-------------------------|
| (if any) | and Telephone Number(s) | e-mail address (if any) |
|          |                         |                         |

Initial or check **ONE** space below. If no space below is initialed, each Health Care Representative will have authority to act individually and independently.

| The Representative with the lowest                  | Each Representative may act                 |  |
|---|---|--|
| priority number (filled in above) and who is able   | individually and independently on my behalf |  |
| and available to act has the exclusive authority to | and has no duty to consult with my other    |  |
| act   | Representatives                             |  |

I understand that if I am not capable of giving informed consent to health care and if no Health Care Representative listed above and no person holding validly-delegated authority is reasonably able and available to act for me, then the relatives and other individuals (proxies) who are defined or listed in Ind. Code § 16-36-7-42 will have authority, in the priority indicated, to make or issue health care decisions and instructions for me.

#### My Continuing Right to Act and Decide Personally

Although I have made this Advance Directive effective immediately upon signing, I have the right and the power to act personally to make my own health care decisions, to issue my own instructions and consents to health care providers. All health care providers must first communicate with me, unless a licensed health care provider who has treated or examined me has concluded in writing that I am not able to personally give informed consent to treatment or to make my own health care decisions. Until I have been determined to be incapacitated under the preceding sentence, I have the right to overrule, block or veto any health care decision that any Health Care Representative (named above) makes or attempts to make for me.

#### **Decision-Making Standards for My Health Care Representative(s)**

Whenever a Health Care Representative named above makes health care decisions or issues instructions or consents on my behalf, I expect my Health Care Representative to act in good faith and in my best interests, on the basis of what my Health Care Representative believes I would decide to do if I were capable of making decisions and giving consents myself and if I had all the pertinent information available to my Health Care Representative.

## **My Wishes and Preferences About Life-Prolonging Procedures** [*illustrative sample only*]

If I am competent to give my own consents and instructions for my health care, my orallystated instructions will always supersede and control over the instructions I have stated below.

I authorize my Health Care Representative to make decisions in my best interests concerning withdrawal or withholding of health care. If, at any time and based on my previously expressed preferences and the diagnosis and prognosis, my Health Care Representative is satisfied that certain health care is not or would not be beneficial to me or that such health care would be excessively burdensome, then my Health Care Representative may express my will that any or all health care be discontinued or not instituted, even if death may result. My Health Care Representative must try to discuss this decision with me. However, if I am unable to communicate, my Health Care Representative may make such a decision for me, after consultation with my physician or physicians and other relevant health care givers. In his or her best judgment about what is appropriate, my Health Care Representative may (but is not required to) discuss any decision under this paragraph with members of my family who are available.

If my treating physician or other licensed health care provider has determined with reasonable certainty that I am terminally ill or in a persistent and irreversible coma:

- If I have no pulse and if am not breathing, do not attempt resuscitation (DNR).
- Maximize my comfort through symptom management and relieve my pain and suffering through available measures, including the administration of medication to me through any route.

- Do not provide artificial nutrition or hydration (tube feeding) to me, except for the provision of fluids to the extent necessary to deliver pain medication.
- Do not transfer me from my current location to a hospital for life-sustaining treatment unless my comfort needs cannot be satisfied in my current location.

# Signature

You may direct another adult (who is not one of your named Health Care Representatives, and not the Notary Public or one of the witnesses) to make your signature for you in your presence. See IC § 16-36-7-19 for a definition and explanation of the "presence" requirement.

Your signature must be made in the "presence" of a Notary Public OR in the "presence" of two adult witnesses. Either the countersigning by two witnesses OR notarization is sufficient; both are not required. If you use two witnesses, at least one witness cannot be your spouse or another relative.

## Please initial one space below to confirm the signing method used:

| Signed on paper in<br>direct presence of<br>witnesses or notary<br>public | Signed electron<br>with 2-way aud<br>visual interaction<br>witnesses | io-<br>on with | Signed by Declarant<br>and witnesses or notary<br>in 2 or more paper<br>counterparts | Signed by Declarant<br>and witnesses or notary<br>with telephonic<br>interaction |
|---|--|----------------|--|--|
| Signed on this  | day of   |                | 20   |  |
|   |  | Signa          | ture of Declarant (signer)   |  |
| Printed name of adult (if any)<br>who signs for Declarant                 |  | Printe         | ed name of Declarant   |  |
|   |  | Date           | of birth:  | [optional]   |

# Complete ONE of the two following blocks

Signatures of 2 Adult Witnesses

Notarization

|                                 | STATE OF INDIANA )<br>) SS:   |  |  |  |
|---------------------------------|---|--|--|--|
|                                 | COUNTY OF )   |  |  |  |
| Signature of Adult Witness 1    | - Before me, a Notary Public, personally appeared [name of signing Declarant], who acknowledged the execution of the foregoing Advance Directive as his or her voluntary act, |  |  |  |
| Printed Name of Adult Witness 1 | and who, having been duly sworn, stated that any representations therein are true.<br>Witness my hand and Notarial Seal on this day of, 20                                    |  |  |  |
| Signature of Adult Witness 2    | Signature of Notary Public  |  |  |  |
|                                 | Notary's Printed Name (if not on seal)  |  |  |  |
| Printed Name of Adult Witness 2 | Commission Number (if not on seal)  |  |  |  |
|                                 | Commission Expires (if not on seal)   |  |  |  |
|                                 | Notary's County of Residence  |  |  |  |